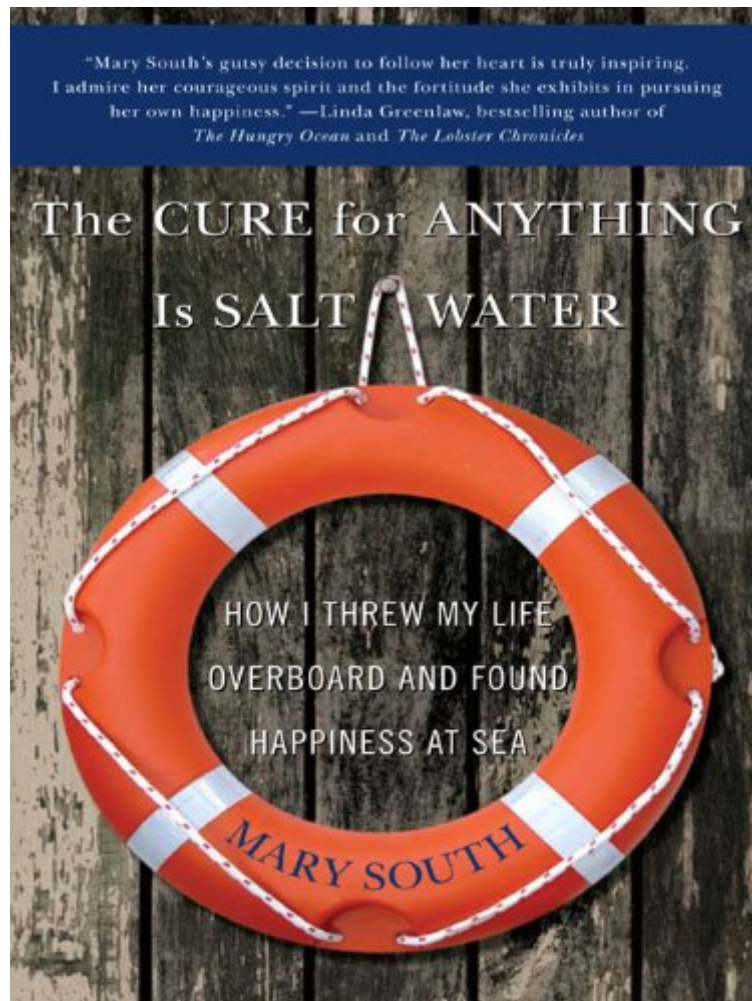


The book was found

The Cure For Anything Is Salt Water: How I Threw My Life Overboard And Found Happiness At Sea



Synopsis

At forty, Mary South had a beautiful home, good friends, and a successful career in book publishing. But she couldn't help feeling that she was missing something intangible but essential. So she decided to go looking for it . . . at sea. Six months later she had quit her job, sold the house, and was living aboard a forty-foot, thirty-ton steel trawler she rechristened Bossanova. Despite her total lack of experience, South set out on her maiden voyage—a fifteen-hundred-mile odyssey from Florida to Maine—with her one-man, two-dog crew. But what began as the fulfillment of an idle wish became a crash course in navigating the complicated byways of the self.

Book Information

File Size: 462 KB

Print Length: 226 pages

Publisher: HarperCollins e-books (January 29, 2009)

Publication Date: October 6, 2009

Sold by:Â Digital Services LLC

Language: English

ASIN: B001AO0FLE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #428,205 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45

inÂ Books > Sports & Outdoors > Outdoor Recreation > Sailing > Excursion Guides #212

inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Water Sports > Sailing #882 inÂ Kindle Store > Kindle eBooks > Nonfiction > Travel > Travel Writing

Customer Reviews

Perhaps I should have done more homework. The book I read wasn't exactly the book that I thought I had bought. The subtitle, "How I Threw My Life Overboard and Found Happiness at Sea" gives a pretty good clue, though. There are essentially two parts to this book. The first is the story of a woman who experiences a mid-life crisis at work and in relationships, and goes forth to seek true happiness. The second is the story of this same woman looking for that happiness in buying a boat and going to sea. I had thought the book was really more the latter, but the story turns out to be

more the former. THE CURE FOR ANYTHING IS SALT WATER is competently written, as one should expect from a former book editor. The book is interesting, and the story told without artifice. When Mary South tells of her sudden, almost irrational interest in boats while living well inland in Pennsylvania, her experience will strike a chord with every boatstruck reader. But South's book is not likely to meet the needs of the boat or sailing enthusiast. It's not that she doesn't take her newfound interest seriously--nobody who quits her job and sells her house to buy a boat should be regarded as simply a dilettante (even if she doesn't take traditional methods of navigation seriously)--it's just that she doesn't write about boating with much passion beyond her love for her particular boat. What should be the centerpiece of the book, her voyage up the Eastern Seaboard, is reduced to a series of good days, bad weather, mishaps, bars, and some occasional local color. When it comes to boating, her prose fails to capture the poetry of the experience.

[Download to continue reading...](#)

The Cure for Anything Is Salt Water: How I Threw My Life Overboard and Found Happiness at Sea
Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life!
(Herpes Cure, Herpes, Genital Herpes, Cold Sore, Eliminate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Overboard!: A True Blue-water Odyssey of Disaster and Survival
Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) How to Find Out Anything: From Extreme Google Searches to Scouring Government Documents, a Guide to Uncovering Anything About Everyone and Everything Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) Model Cars You Threw Away: Guide to Pricing and Collecting Obsolete Diecast Model Cars Salt and Pepper Shakers: Identification and Values (Salt & Pepper Shakers) Salt and Pepper Shakers (Salt & Pepper Shakers IV) The Collector's Encyclopedia of Salt & Pepper Shakers: Figural and Novelty (Collector's Encyclopedia of Figural & Novelty Salt & Pepper) The American Heart Association Low-Salt Cookbook: A Complete Guide to Reducing Sodium and Fat in Your Diet (AHA, American Heart Association Low-Salt Cookbook) American Heart Association Low-Salt Cookbook, 4th Edition: A Complete Guide to Reducing Sodium and Fat in Your Diet (AHA, American Heart Association Low-Salt Cookbook) American Heart Association Low-Salt Cookbook, 3rd Edition: A Complete Guide to Reducing Sodium and Fat in Your Diet (AHA, American Heart Association Low-Salt Cookbook) The No-Salt

Cookbook: Reduce or Eliminate Salt Without Sacrificing Flavor Man Overboard (Ali Reynolds Series) Water is Life: Different Sources of Water and Ways to Conserve Them (For Early Science Learners): Nature Book for Kids - Earth Sciences (Children's Water Books) The Wonders of Water - How H2O Can Transform Your Life: Vitality, Detox, Weight Loss, Quality Water, Benefits (Water Health, Vitality, Weight Loss, Fruit Infused Book 1) La peticiÃ³n del seÃ±or Baker.: BilogÃ­a - a SeÃ±or Baker. (BilogÃ­a - a SeÃ±or Baker (Segunda parte) nÂº 2) (Spanish Edition) The Fatty Liver and Weight Loss Solution, Proven Natural, Safe and Non-Toxic Strategies to Reverse, Cure and Prevent Fatty Liver.-Fatty Liver Cure, Fatty ... Fatty Liver Disease, Fatty liver cure)

[Dmca](#)